Gerontological Society of America (GSA)

2026 Annual Scientific Meeting

Reinforcing Resilience in Aging Science, Research, and Education

Poster Presentation Format Details

Purpose of This Guide

This guide covers printed poster size and design; the Speaker Procedures contain important presentation requirements and meeting logistics.

Consult the 2026 Speaker Procedures for session schedules and locations, board assignments, setup and removal requirements, flash poster instructions, and presentation policies. PowerPoint templates and guidelines are available at gsa2026.org/speakers.

Printed Poster Size and Mounting

The **poster board is approximately 4 feet high × 8 feet wide.** Your printed poster should be smaller than these dimensions. GSA will supply pushpins for mounting your printed poster.

Recommended GSA Poster Templates

The GSA Program, Publications, and Products Committee encourages presenters to use the GSA poster templates, available at www.gsa2026.org/speakers. The guidance below explains the recommended poster layout and design.

Recommended Layout for the GSA Poster Template

- **Center panel:** Present your main finding or takeaway in very large text. Use plain English and clear, concise sentences for easy reading. Highlight key words or phrases for emphasis, and consider a focal graphic to draw attention to the main finding.
- **Right sidebar:** Include key talking points or reference details for audience questions, supplementary graphs, tables, or figures, and additional context or nuances that do not fit in the main narrative but are important to include.
- **Left sidebar:** Provide a brief, easy-to-read overview of your research, including the title, authors, introduction, methods, results, discussion, and financial disclosure. Briefly establish the research gap or problem, describe the methods, and present only essential findings using a clear graph or table. Summarize the findings' implications and relevant limitations or potential confounds, and list all funding sources that supported the research. Place secondary correlations, supporting details, and additional findings in the right sidebar.

Font, Background Color, and Line Spacing

The GSA poster template provides a starting layout. Use the following guidance when reviewing or adjusting your poster's typography, background colors, and line spacing.

- Typography: Use large sans serif type. Specific font sizes and font choices follow.

The bullets below specify the main-finding size, other text sizes, and font choices.

- Main finding: Aim for 150-point type where practical; 72-point type is the recommended minimum.
- Other poster text: Use font sizes greater than 36 points, consistent with the GSA poster template.
- The GSA poster template specifies Arial. Helvetica and Verdana are other sans serif fonts, but Arial matches the template's accessibility and readability guidance.
- Make sure font colors contrast with the background, such as black text on a white background or white text on a dark background.
- Line spacing: Aim for 1.2 to 2.0 lines when adjusting the layout.

Images and Graphics

- Use charts, tables, figures, and images to support your main message, and avoid dense tables and crowded figures. When discussing your poster, summarize the visuals verbally.
- Captions: Include a caption for each image used in the poster.
- Do not place text over images.

